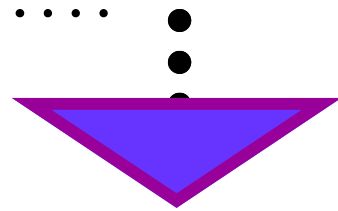




Introducing Nutrition in the Schools Network



Speakers Bureau



Nutrition in the Schools Network (NISN) is dedicated to improving nutrition in schools through education and advocacy. Our speakers bureau will provide interested people with information on healthy eating.

NISN speakers support the NISN mission: to educate and advocate for healthy, nutritional food in schools. Nutritional food – defined as whole food close to the way nature made it, minimally processed and without additives - properly nourishes the brain and the body for optimal health, learning, and social behavior.

Speakers are available for a variety of audiences:

- Pre-school children
- Children in school
- Parents
- Teachers
- Community organizations
- Professional associations



Currently, speakers are available to speak in Cook, DuPage, Will, and Kane counties.

Topics Include

- Nutrition 101 – The Basics of Healthy Eating
- Sugar and Salt – Why Should I Care?
- Changing Behavior, One Bite At A Time
- Healthy Snacks & How to Have Kids Asking for More
- What's In a Label? How to Shop for Healthy Foods
- What Can You Do to Help Johnny/Sarah Eat the Lunch You Packed?
- Learn to Eat, Eat to Learn – Organizing a Healthy Foods Fair in Your School
- Improving Food and Beverage Choices in Your School



To schedule a speaker, or for more information on speakers and speaker pricing, please contact Sharon Brauer at Nutrition@GreenEarthInstitute.org or 630-435-1533.

Sponsored by The Green Earth Institute
www.GreenEarthInstitute.org/Nutrition/speakers_bureau.html
Nutrition@GreenEarthInstitute.org